



Intundla

GAME LODGE & BUSH SPA

SPA TREATMENT PACKAGES

Day Visits



FULL DAY SPA PACKAGE

Full english buffet breakfast. 90 min feet, leg, hand & arm treatment in the garden overlooking the dam. Detox fruit and mint water or green tea & honey served in the spa garden. 90 min reflexology & full leg massage. Light lunch served under the trees. 90 min full body aromatic hot stone massage. Cocktail in the garden to end off.

R1 900

AVAILABLE MONDAY - FRIDAY

Intundla



HALF DAY SPA PACKAGE

Full buffet breakfast. 90min foot spa, leg, foot scrub and aroma massage followed by arms and hand scrub with aroma massage, in the tranquil garden overlooking the dam.

Detox fruit and mint water or green tea and honey.

90 min full body aromatherapy hot stone massage
cocktail enjoyed in the garden.

R1 400

AVAILABLE MONDAY - FRIDAY

Intundla



RELAX. RESTORE. CONNECT

Escape to a world of tranquility at Intundla Game Lodge & Bush Spa, where nature and wellness blend seamlessly in our Garden Spa. Set amidst the beauty of the African bush, this secluded retreat offers a serene space to unwind, refresh, and reconnect with your senses.

Indulge in a selection of luxurious treatments, from stress-relieving massages and skin-renewing facials to detoxifying body therapies - all designed to soothe the mind, body, and soul. Our skilled therapists use high-quality spa products to enhance your experience, ensuring deep relaxation and rejuvenation.

Enjoy your treatment in our open-air garden gazebos, where the gentle rustling of leaves and birdsong create the perfect natural soundtrack to your spa journey. Whether you're looking for a romantic escape, a solo retreat, or a pampering session with friends, the Intundla Garden Spa is the ideal destination for pure indulgence.

MASSAGES

Full Body Thai Massage

Thai methods of manipulation combined with gentle healing power of massage therapy, will instantaneously relive stress and boost well being.

90min | 60min

R750 | R600

Back, Neck & Shoulder Thai Massage

Specifically focusing on intense stress relief in the most common tension area, with targeted techniques.

60min | 30min

R600 | R350

Hot Stone Massage

A total relaxation experience, warm smooth stones are used to massage the body to increase circulation and ease muscle tension and stress.

Full Body Massage

90min | 60min

R750 | R600

Back, Neck & Shoulders

60min | 30min

R600 | R350



MASSAGES

Aromatherapy Full Body Massage

Thai methods of manipulation combined with gentle healing power of massage therapy, will instantaneously relive stress and boost well being.

90min | 60min

R750 | R600



Reflexology Foot Massage

Opening the meridians and blockages in the body, leaving you with a buzz of improved circulation throughout your entire body.

60min | 30min

R600 | R350



Relaxing Hand Massage

Hand soaking, exfoliating and then luxurious lowerarm & hand massage.

30min

R350

Relaxing Foot Massage

Feet are soaked, exfoliated and then pampered with a softening foot butter massage.

30min

R350

Head Massage

Alternating massage techniques are used, designed to relive stress & detoxify the head and neck area.

30min

R350

FACIALS

Woman's Facial

Indulge in a luxurious women's facial designed to nourish, hydrate, and restore your skin's natural glow. Let the soothing bush surroundings enhance your relaxation as gentle techniques improve circulation, leaving your skin refreshed, radiant, and revitalized. This treatment is perfect for unwinding after a long day, preparing for a special occasion, or simply giving your skin the care it deserves.

60min

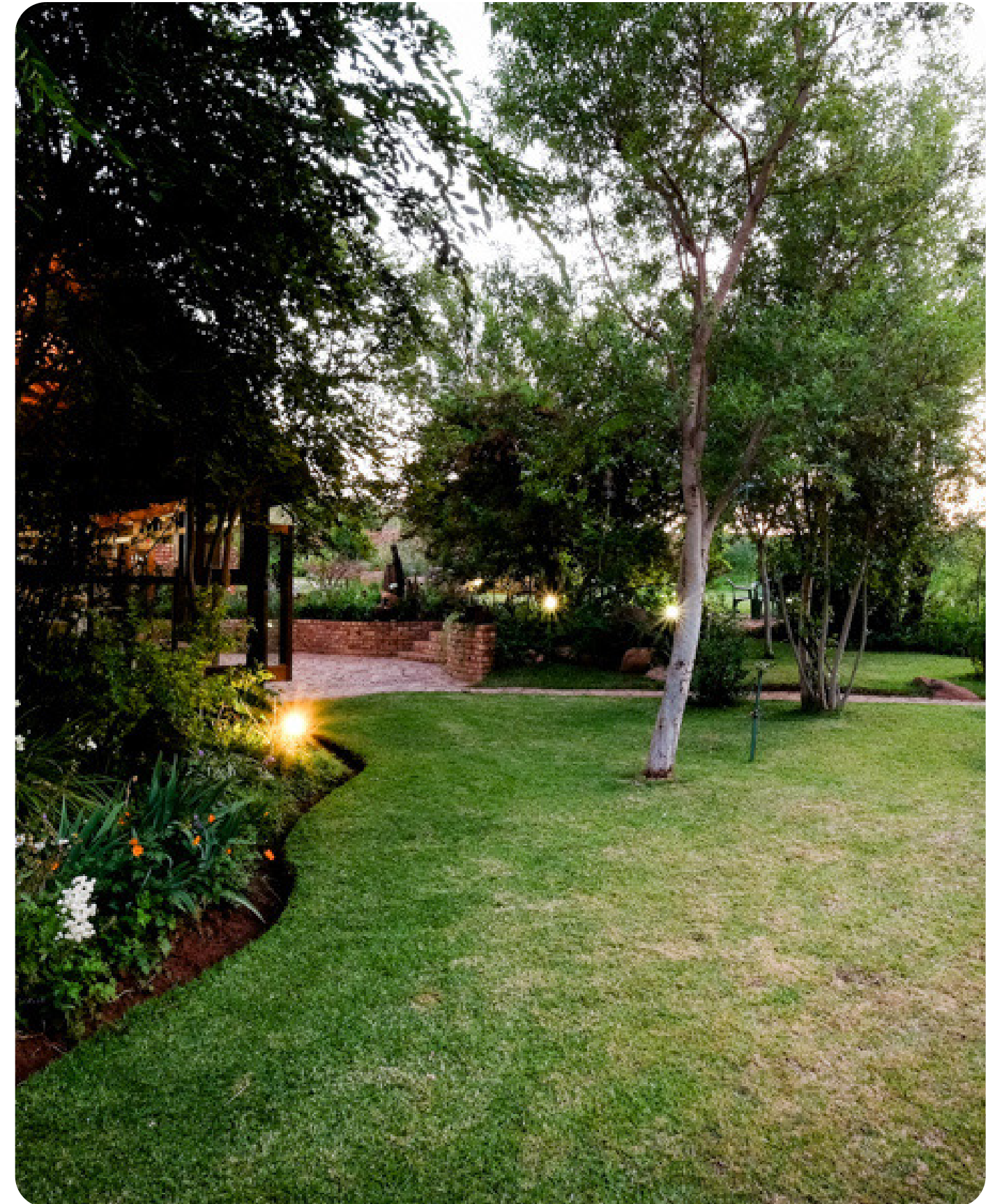
————— R600

Men's Facial

Designed specifically for the modern man, our Men's Facial at the Intundla Garden Spa deeply cleanses, hydrates, and restores your skin, leaving it refreshed and rejuvenated. This tailored treatment helps combat daily stress, environmental exposure, and shaving irritation while promoting a healthy, energized complexion. Whether you need a quick refresh or a full skin revival, this facial is the perfect way to unwind and enhance your natural glow.

60min

————— R600



CONTACT US

Telephone

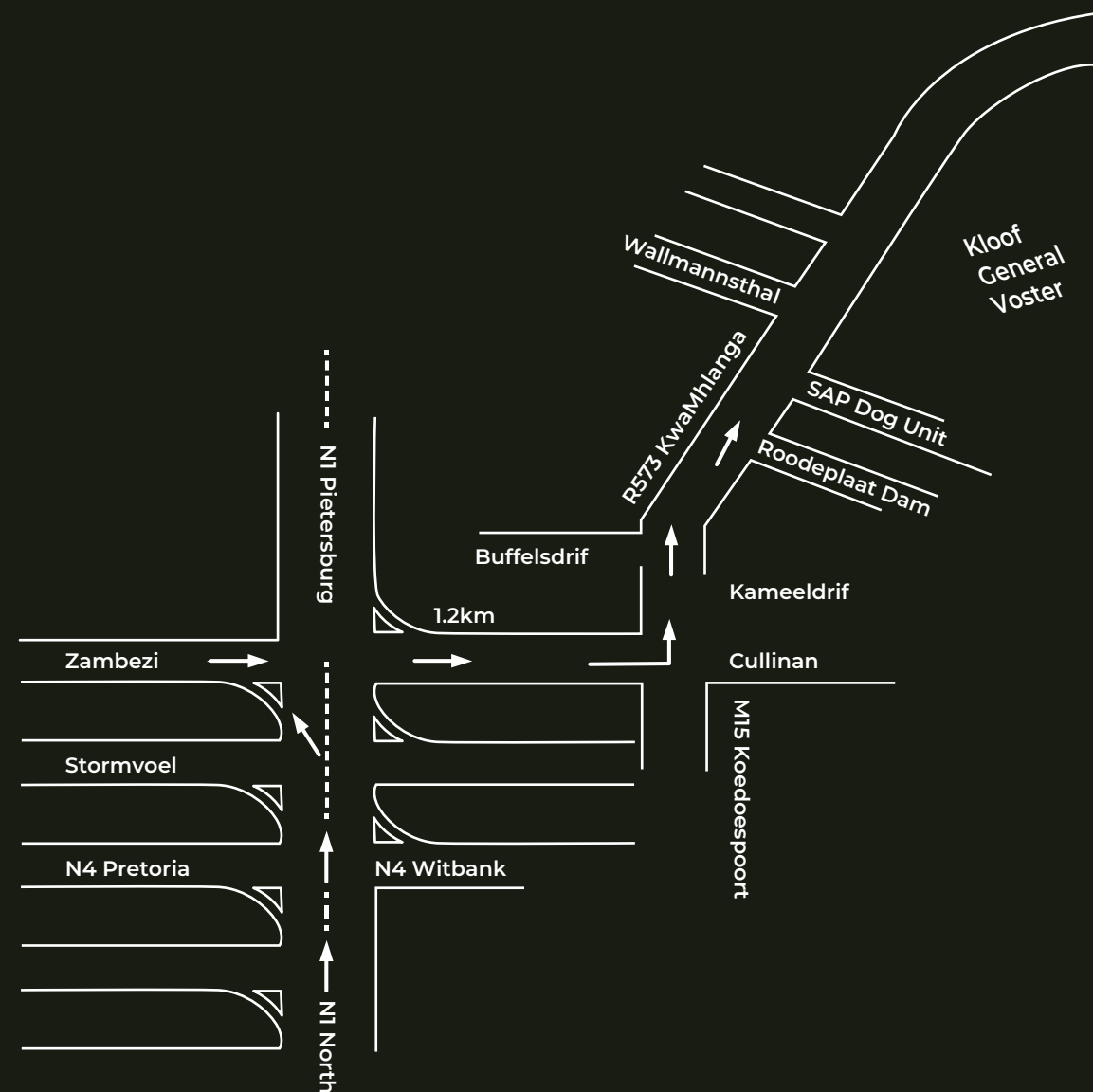
012 735 9913

E-mail

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Website

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1. Take the Sefako Makgato (Zambezi) off-ramp (Bakwena Tollgate) on the N1 North (Polokwane (Pietersburg) Highway)
2. Turn right into Zambezi Road towards Cullinan
3. Turn left at the second traffic light onto the R573 KwaMhlanga Road
4. Proceed for 26km, turn left at the Hammanskraal turn-off and continue for 3km on the gravel road

Intundla Game Lodge & Bush Spa entrance is on your left

GPS Coordinates:
S25' 30min 24.6 sec
E28' 27min 55.1sec

DAILY TIMES FOR THE SPA

Daily: 08h00 - 17h00

After hours: 17h00 - 22h00

**A surcharge of R150 per treatment will apply.*



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